Would I Still Be Me?
by Jennifer Dignan

1 I like green salads with shredded carrots, 21 If I changed my Instagram handle or quit TikTok tomorrow, wouldn’t I still be me?
3 dried cranberries, 23 wouldn’t I still be me?
and crumbled blue cheese.
5 I like pizza with olives and hot sauce on eggs.
7 But say I preferred my vegetables cooked, 25 wouldn’t I still be me?
9 my pizza with mushrooms, 27 But what if I giggled less, or broke rules more often?
my eggs on their own— 29 What if I never danced?
wouldn’t I still be me?

I also like cardigan sweaters and checkerboard Vans.

But if I traded them in for pullover sweatshirts and bright white Adidas— wouldn’t I still be me?

If I wore my hair in some other style, wouldn’t I still be me?

2 If I changed my Instagram handle or quit TikTok tomorrow, wouldn’t I still be me?
3 dried cranberries, wouldn’t I still be me?
4 I like pizza with olives and hot sauce on eggs.
6 But say I preferred my vegetables cooked, wouldn’t I still be me?
8 my pizza with mushrooms, wouldn’t I still be me?
10 my eggs on their own— wouldn’t I still be me?
12 I also like cardigan sweaters and checkerboard Vans.
14 But if I traded them in for pullover sweatshirts and bright white Adidas— wouldn’t I still be me?
16 If I wore my hair in some other style, wouldn’t I still be me?
18 If I changed my Instagram handle or quit TikTok tomorrow, wouldn’t I still be me?
20 And if I lived in some other town, wouldn’t I still be me?
22 But what if I giggled less, or broke rules more often?
24 What if I never danced?
26 What if I were afraid of dogs, but not afraid of heights?
28 What if I felt a little bit bigger when I gazed up at the stars?
Directions: Work with your partner or group to answer the following questions. You’ll need four different colored pencils. Note: To keep things simple, we use the pronouns “her” and “she” to refer to the speaker of the poem. But the speaker is not necessarily female.

1. What does the speaker describe in the first stanza?

2. How does the second stanza relate to the first stanza? Explain what the speaker means when she asks “wouldn’t I still be me?” at the end of the second stanza.

3. Describe the relationship between the third stanza and the fourth stanza.

4. The next few prompts will help you see word repetitions and patterns in the poem. You’ll need your colored pencils.
   a. Choose a colored pencil. Use it to circle the first two words of stanza 1.
   b. Use the same pencil to circle the first four words of stanza 2.
   c. Choose a different colored pencil. Use it to circle the first word of stanza 2.
   d. Use the same pencil to circle the first word of stanza 4.
   e. Choose a third color. Circle the phrase “if I” each time it appears in the poem.
   f. Choose a fourth color. Circle the phrase “what if” each time it appears in the poem.

5. In stanzas 1-4, the speaker names things she likes and then asks what it would mean if she liked some other things instead. How is what the speaker does in stanzas 5-7 different?
6 Consider stanzas 8-10. Does the speaker think that the things she names in these stanzas are more important, less important, or equally important to making her who she is than the things she names earlier in the poem? Explain your answer.

7 What is different or special about what the speaker reveals about herself in lines 32-33 compared with the rest of the poem?

8 For most of the poem, the speaker asks the question “Wouldn’t I still be me?” Then, at the end of the poem, the speaker asks, “Would I still be me?” What is the difference in meaning between “Wouldn’t I still be me?” and “Would I still be me?”

9 The poet chose to put the last line of the poem on its own, in a new stanza. Why might the poet have made this choice? What is the effect of this choice?

10 Discuss the question below with your partner or group. Jot down key ideas from your discussion.
In this poem, the speaker explores the question of what makes a person who they are. What do you think makes a person who they are? Are some things more important to making someone who they are than other things? How much could change about a person before they were someone else?